



Curriculum Overview

Year 6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Healthy Balanced Diets		Where does our food come from?		Seasonality	
DT	Burgers				Seasonal food project.	
Geography	The Americas Trade links Food of America Fair Trade		Germany – contrasting locality Trade and Economics Importing from Europe			
History			World War II. Home grown food Dig for Britain/Rationing Food miles/crossing the Atlantic			
Science					The Human Body Healthy Lifestyle & Exercise Impact of Drugs and Alcohol	

Curriculum aim understand and apply the principles of nutrition and learn how to cook.

- understand and apply the principles of a healthy and varied diet
- prepare and cook a variety of predominantly savoury dishes using a range of cooking techniques
- understand seasonality, and know where and how a variety of ingredients are grown, reared, caught and processed.

Human and physical geography

- types of settlement and land use, economic activity including trade links, and the distribution of natural resources including food