



# Curriculum Overview

	Year 3	Year 4	Year 3	Year 4	Year 3	Year 4
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
DT focus	Healthy Balanced Diets	Healthy Balanced Diets	Where does our food come from?	Where does our food come from?	Seasonality	Seasonality
Geography	Settlements and Land use	Around the World	Volcanoes and Earthquakes	Mountains and Rivers	Egypt	Ancient Greece
Science	Nutrition Skeletal and muscular system	Digestive system/teeth	Rocks Plants Greenhouses	Water Cycle		

Curriculum aim: understand and apply the principles of nutrition and learn how to cook.

## Key stage 2

- Understand and apply the principles of a healthy and varied diet
- prepare and cook a variety of predominantly savoury dishes using a range of cooking techniques
- understand seasonality, and know where and how a variety of ingredients are grown, reared, caught and processed.

## Human and physical geography

- types of settlement and land use, economic activity including trade links, and the distribution of natural resources including food