

# Hodge Clough Primary School SMSC (Social, Moral, Spiritual Cultural) News

# WB 28.01.19

This week during assembly and circle times, our theme has focused on, 'Healthy: Inside and Out.' 'When we think about healthy living, we tend to focus on looking after our bodies — our physical wellbeing — through food, being active and getting enough sleep. However, in order to be healthy overall, it's important that we look after our minds — our mental wellbeing too. Our bodies and minds are actually very closely linked, so things that we do to improve our physical wellbeing can help our mental wellbeing as well. When we take steps to be **Healthy: Inside and Out**, it helps us to feel better in ourselves, focus on what we want to do and deal with difficult times.

As part of our inclusion theme last week all staff members and pupils were asked to decorate a jigsaw piece. We aim to connect all our jigsaw pieces together to produce a piece of artwork at each site which will represent and highlight our commitment to inclusion at HCP! Our 'Inclusion Art' will appear in our foyers over the coming weeks and will be available for all to view. The children are all really looking forward to spotting their own piece among the many!

### WB 04.02.19

Theme/Value of the Week - HCP - Science Week

Question of the Week - What scientific questions have I asked this week?

## Extra Information

Please keep your proud slips coming into school we are really enjoying reading them! Paper copies can be requested from your child's teacher or you can send them via email to <a href="mailto:info@hodgecloughprimary.oldham.sch.uk">info@hodgecloughprimary.oldham.sch.uk</a> FAO: Your child's teacher.

**Proud Slip Comment of the Week** - Nathian Downs - He helped a lady pick up her money after she dropped her purse on the floor.

What a gentleman you are! We are very proud of you.

### Quote of the Week

